

TAKE ACTION IN THE FIGHT FOR LIFE.



At My Faith Votes, we encourage you to do three simple things: **PRAY**, **THINK**, and **ACT**. It's an everyday formula to kick start all we do.

We've compiled a list of **20 ways to stand for life**. While there are endless opportunities to get involved, use this list to get started and help propel other individuals and communities to become informed, take action and **stand for life**.

PRAY.

Pray for a culture of life to be advanced throughout the country. Pray for our elected officials, especially those who are fighting for life. Download this **prayer guide** to help you pray for life.

THINK.

Be informed on the abortion issue. Many don't know what really happens in the U.S. let alone their own neighborhoods. Discover the facts, see how to help, and take action at **National Right to Life**.

ACT.

You are the one to make a difference. Put your faith into action and do something today. Check out our 20 Ways to Stand For Life below to get informed and see how you can take action in the fight for life.

- ✓ **ATTEND.** Take part in **MarchForLife.org**, the largest pro-life rally in the U.S.
- ✓ **CARE.** One in three women will have an abortion in her lifetime. Organizations like **RachelsVinyard.org** and **SupportAfterAbortion.com** provide counsel and support for those who experienced abortion.
- ✓ **CONNECT.** Follow **My Faith Votes** on social media to stay up-to-date on pro-life news and issues.
- ✓ **CONTACT.** Send a quick message to your elected officials to tell them your position on the pro-life issue by visiting **MyFaithVotes.org/prolifevoice**.
- ✓ **CREATE.** Get together with friends and assemble Love Boxes, provided by **EmbraceGrace.org**, for women who chose life in an unplanned pregnancy.
- ✓ **DONATE.** Pro-life organizations and pregnancy centers need financial help to sustain their work. Choose an organization, and make a donation now.
- ✓ **INFLUENCE.** Use the power of social media to share facts, quotes, stories and videos about pro-life issues.

20 WAYS TO STAND FOR LIFE.





- ✔ **KNOW.** Learn the facts about abortion in this country to be able to articulate and argue against abortion. Facts can change hearts. **Abort73.com** provides people with comprehensive information.
- ✔ **LOVE.** Fear, panic and lack of support leads women to an abortion because they feel they have no other option. Speak from the heart and approach these situations with love and compassion.
- ✔ **RUN.** Consider running for a public office as a pro-life candidate. We need more people serving in our local, state and national government who support a culture of life.
- ✔ **SEE.** If you know someone who is pregnant and considering abortion, encourage them to view their baby with an ultrasound. An organization called **SaveTheStorks.com** is doing just that across the nation through their mobile Stork Buses.
- ✔ **SERVE.** Women often choose abortion because they feel they can't afford the financial responsibility. Find your local food bank to support families in your area who are struggling by visiting **FeedingAmerica.org**.
- ✔ **SHARE.** If you have a personal story about abortion or adoption, sharing it can help heal and empower you and those around you.
- ✔ **SHOW.** Many states have pro-life license plates, and a portion of the proceeds are donated to pro-life causes. Purchase a license plate to show your support. Find out if your state participates by visiting **Choose-Life.org**
- ✔ **STAND.** Visit **SidewalkAdvocates.org** and see how you can participate in peaceful, prayerful, and law-abiding sidewalk advocacy to reach a woman's heart and fill her needs so she can confidently choose life.

- ✔ **SUPPORT.** Foster Care plays a role in pro-life initiatives. Foster families need support and encouragement. **Promise686.org** is equipping churches and families to help care for these foster children.
- ✔ **VOLUNTEER.** Pregnancy centers need help providing women with alternatives to abortion. Visit **Care-Net.org** or **HeartbeatInternational.org** to find a facility near you.
- ✔ **VOTE.** Research candidates and discover their pro-life positions so you know how to vote. Pledge to vote at **MyFaithVotes.org/pledge**.
- ✔ **WATCH.** Women who choose adoption over abortion have made a brave and courageous decision. Watch these powerful stories of birth moms and learn the blessing of adoption at **BraveLove.org**.
- ✔ **WEAR:** Four siblings created a line of clothing to spark conversation and change hearts to be pro-life. Check out **LifeCultureApparel.com** to get your gear today.

